



MORNINGSIDE RECREATION COMPLEX

Summer 2024

We Accept Visa, MC or Checks Only

RECREATION CENTER HOURS

Mon. - Fri. 6 a.m. - 8 p.m.
Sat. 8 a.m. - 5 p.m.
Sun. 1 - 5 p.m.
Holidays 9a.m. - 1p.m.

Holidays & Closures:

5/27 - Memorial Day - Holiday hours
6/19 - Juneteenth - Holiday hours
7/4 - Independence Day - Holiday hours
9/2 - Labor Day - Holiday hours

POOL HOURS

MAIN POOL

Mon. - Fri.
6 - 11a.m. Lap Swim Only
11a.m.- 8 p.m. Social Swim and Lap Swim
Sat/Sun 1 - 5p.m.

ACTIVITY AREA

Mon. - Fri. 11a.m. - 5p.m.
Sat/Sun 1 - 5p.m.

Please call the center 562-4280 for more information.

RENTALS

For rental information or to book birthday parties and events please email:
ariana.amoroso@myclearwater.com

For large events, sports rentals or meetings please email
kelsey.mccray@myclearwater.com

CAMPS

MORNINGSIDE CAMPS 2024

Morningside camps are the place to be for children to learn, grow and make lifetime friends and memories! Come join us for a variety of entertaining activities, such as structured games, sports, swimming, arts and crafts, exciting field trips and so much more! Open for children in grades K - 8th. All camps are 7 a.m. - 6p.m.

School's Out Days Dates Coming in August
\$25 (W) / \$27.50 (W/O) per day

Please pack a lunch, two snacks, bathing suit and towel, and a refillable water bottle daily for your child.

Thank you



COMMUNITY EVENTS

FRIDAY NIGHT FRIENDZY 6 - 9p.m.

June 7, August 2

For children entering grades 1-8, Morningside Recreation Complex is the place to be for an exciting evening of games, activities, swimming and pizza, so bring your friends and let the Friendzy begin. Students must be registered by the Thu.

prior to the event.

\$7 (W) / \$8 (W/O) per day

Themes:

6/7 - The Olympics

8/2 - Milk and Cookies

DIVE-IN MOVIES 6:30 - 8:30p.m.

Bring your pool noodle, bring your friends and enjoy a movie with us in the pool!

6:30-8:30p.m.

\$2 (W) / \$3 (W/O)

No outside food allowed.

Food trucks will be available to purchase food.

6/14 - Wish (2023)

Jersey Dogs / Kay Cups

7/12 - The Super Mario Bros. Movie (2023) Free

Sea Dog Cantina / Mini Mouthful

8/9 - Elemental (2023)

Kay Cups

9/13 - Spider-man: Across the Spider-Verse (2023)

Jersey Dogs / Mini Mouthful

10/11 - Hotel Transylvania: Transformania (2022)

Kay Cups

SUMMER KICK-OFF PARTY

Sat. May 25 1 - 4p.m.

Celebrate the start of Summer with your friends and family at Morningside Recreation Complex. Enjoy our 3 pools, music, and a cookout!

\$2 (W) / \$3 (W/O) per person

First come first served - Spaces are limited for event.

FATHER'S DAY COOKOUT

Sat. June 15 1 - 4p.m.

Honoring all dads! Bring your family and friends and enjoy a fun relaxing day by the pool along with music and a cookout!

\$2 (W) / \$3 (W/O) per person

First come first served - Spaces are limited for event.

CASINO NIGHT 21 & UP ONLY

Fri. June 28 6 - 9p.m.

Come try your luck at Morningsides Casino Night!

Play all of your favorite games like poker, black jack, roulette, and a slot machine. Enter your winnings into a raffle for prizes. Child care provided for ages 6 & older.

\$20 (W) / \$22 (W/O) per person

Fee includes: \$1,000 in chips, games, food, drinks (non-alcoholic) and child care, 6 & up.

Enter raffles to win prizes!

Space is limited - pre-registration is recommended.

BACK 2 SCHOOL BASH

Sat. August 10 1 - 4p.m.

Celebrate the end of Summer and Back 2 School with your friends and family at Morningside Recreation Complex. Enjoy our 3 pools, music, and a cookout!

\$2 (W) / \$3 (W/O) per person

First come first served - Spaces are limited for event.

FITNESS & PERSONAL TRAINING PROGRAM

PERSONAL TRAINING WITH HEATHER

By appointment; Call 744-2222

PT One-on-One 30 min.

Guided workout, myofascial release and stretching.

\$30 (W) / \$33 (W/O) per 30 min. session

PT One on One 60 min.

Guided workouts

\$55 (W) / \$60 (W/O) per 60 min. session

PT Small Group 60 min. (minimum of 2)

Guided workouts

\$20 (W) / \$22 (W/O) per 60 min. session



ADULT ACTIVITIES

SILVER SPLASH

Mon., Fri., 8 - 8:50 a.m.

Activate your aqua urge! This class offers lots of fun, shallow water moves to improve agility, flexibility and cardiovascular endurance.

Free (SilverSneakers) \$4 (W) / \$5 (W/O)

SILVER SNEAKERS® BOOM MUSCLE

Mon., Wed., & Fri., 9 - 9:45 a.m.

For ages 45 and older, improve your core muscular strength, flexibility, endurance, functional and cardio respiratory health.

Free (SilverSneakers) \$4 (W) / \$5 (W/O)

SILVER SNEAKERS® BOOM MOVE!

Mon., Wed., Fri., 9:45 - 10:30 a.m.

For ages 45 and older, Boom Move is a dance-based exercise class with easy to follow choreography combined with energizing music.

Free (SilverSneakers) \$4(W) / \$5 (W/O)

FILIPINO MARTIAL ARTS

Fri., 6 - 8 p.m.

Ages 14 and older. Weapon based fighting style utilizing impact weapons, bladed weapons and empty hand techniques.

\$11 (W) / \$12 (W/O)

SABER FENCING

Tue., 6 - 8 p.m.

Ages 12 and older. Learn the basics of historical saber fencing while you develop strength, balance, increased physical and mental agility.

\$14 (W) / \$16 (W/O)

ZUMBA GOLD

Thu., 10 - 11 a.m.

Offers lower impact Zumba fitness fun.

\$4 (W) / \$5 (W/O)

SILVER SNEAKERS® STABILITY

Wed., 10:45 - 11:30 a.m.

For ages 45 and older. Seated or standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.

Free (Silver Sneakers) \$4 (W) / \$5 (W/O)

SILVER SNEAKERS® YOGA

Mon., 10:45 - 11:30a.m. with Tanya

Thu., 9 - 9:45a.m. with Kathy

Increase range of movement, strength, balance and restorative breathing to promote stress reduction. This class employs chair-based exercises; no yoga mat required.

Free (SilverSneakers) \$4(W) / \$5 (W/O)

URBAN SOUL LINE DANCING

Tues., 11a.m.-12p.m. & Fri., 6:30-7:30p.m.

Learn choreographed line dances and moves to Rhythm and Blues and Hip Hop music.

Join us to dance your heart out and lose yourself in the music!

\$5 (W) / \$6 (W/O) per class

THE BRIT SOCCER SKILLS SCHOOL

Tue., Thu., 6 - 7p.m.

Introducing the fun skillful, ball mastery of learning soccer the creative way from former professional soccer player Coach Myers from the UK.

\$20 (W) / \$22 (W/O) per class

JAZZERCISE

Mon., Wed., 9:30a.m. - 10:30a.m. and

5:45 - 6:45p.m. Sat. 9 - 10a.m.

World's largest dance fitness program, incorporating dance cardio with strength training to sculpt and tone your muscles in the ultimate full-body workout.

Please call Kelly for more information and fees at 727-560-3563.





AQUATIC CLASSES

JR LIFEGUARD CERTIFICATION COURSE

May 30 - 31 9a.m. - 2p.m.

This two day course for volunteers aged 13 - 15 to acquire their American Red Cross CPR/First Aid certification which is required to join the program.

\$150 (W) / \$165 (W/O) per person

Please contact Ariana.Amoroso@myclearwater.com for more information.



SUMMER SWIM TEAM

Participants must be able to swim 50 yards using freestyle or breaststroke techniques.

Classes are Mon. - Thur. 6:45 - 7:30p.m.

\$40 (W) / \$44 (W/O) per person per session

Session 1: 6/10 - 6/20 Meet @ NG 6/22

Session 2: 6/24 - 7/3 Meet @ RN 7/6

Session 3: 7/8 - 7/18 Meet @ MS 7/20

Session 4: 7/22 - 8/1 Meet @ LC 8/3



DROP-IN ACTIVITIES

PICKLEBALL DROP-IN

Mon. - Fri., 6-11:30a.m., Sun., 1-4:30p.m.

Summer Hours: 6/3-8/9 M-TH 6:15-8pm,

Sat. 9-12 & Sun. 1-4pm(1 side of court only)

For all ages and skill levels. It's easy to start, but hard to stop. Get started on your new obsession today!

Free (Silver Sneakers/Plus) \$2 (W) / \$3 (W/O)

Advanced/Extended play 11:30am - 1pm

VOLLEYBALL DROP-IN

Fri., 6 - 8 p.m. & Sat., 12 - 4p.m.

Summer Hours 6/3-8/9 Fri. 6:15-8pm

Sat. 12 - 4p.m. (1 side of court only)

Bump, set, spike for the love of the game

Free (Silver Sneakers/Plus) \$2 (W) / \$3(W/O)



BEGINNERS PICKLEBALL DROP-IN

Tue.,Thu.,Fri., 4:00 - 6:00p.m.

For beginning level play to learn the game of pickleball (outdoor play only). It's easy to start, but hard to stop. Get started on your new obsession today!

Free (SilverSneakers/Plus) \$2 (W) / \$3 (W/O)

YOUTH BASKETBALL DROP-IN

Mon. - Fri., 2:30 - 4:30 1/2 court only

Summer Hours: Fri. 6:15-8pm indoors 1 side of court only, all other play is outdoors only

Play may be indoors or outdoors

Free (Plus) \$1 (W) / \$2 (W/O)

Fee is for basketball only, does not include pool or fitness room.



FOR MORE INFORMATION OR TO REGISTER FOR PROGRAMS:

(727) 562-4280

2400 Harn Blvd.

Clearwater, FL 33764



CLEARWATER
PARKS & RECREATION